



Course Details

Title: Integrating Safe Patient Handling and Mechanical Lifts into Therapeutic Treatments

When: March 14, 9:00 am – 1:00 pm

Location: Christiana Hospital lower level Room L856, Injury Prevention Department (PEEPS) training room
4755 Ogletown-Stanton Road, Suite 1320
Newark DE 19718

Course Description: Physical and Occupational Therapists perform patient handling, transfers and gait training for therapeutic intervention which places them at high risk for musculoskeletal injuries. Many therapists decline the use of lifting equipment due to their belief that the lifts reduce the effectiveness of their treatment sessions and delay the functional independence of the patient. This presentation will educate therapists to the benefit of incorporating lifting technologies into therapeutic interventions as well as introducing techniques to initiate challenging training more acutely and progress the patient safely. PowerPoint slides, videos and hands-on demos as well as case studies will be utilized

Objectives:

- Articulate the rationale for the use of lifts in therapeutic treatments.
- Describe the current uses of Safe Patient Handling equipment in therapeutic treatments.
- Describe the perceived barriers and benefits to using safe patient handling equipment.
- Explain the impact of the use of lifts on patient's functional outcomes.

Speakers:

Theresa Burgess MSPT, CSPHP, CEASII graduated with Bachelor's degree from the State University of New York at Stony Brook and her Masters of Science in Physical Therapy from Temple University. She is a CEAS II certified ergonomic assessment specialist and holds a professional status with the Association of Safe Patient Handling Professionals. She has a long history of patient care in physical therapy and has been an Injury Prevention Educator for 9 years. Terri has presented regionally, nationally and published on topics related to safe patient handling.

Rick Zock, MPT, CSPHP, CEAS II received his Master's Degree in Physical Therapy from Chatham University. He is a certified safe patient handling professional and CEAS II certified ergonomic assessment specialist. He has worked as an Injury Prevention Educator for over ten years, working as a practicing Physical Therapist prior to this. Rick has presented regionally, nationally, and published on topics related to safe patient handling.

James Halbert, DPT received his doctorate degree in physical therapy from the University of Vermont. He has worked in acute care for 5 years and specializes in cardiopulmonary and early mobilization in the intensive care unit. James currently has two research projects in respiratory failure and intensive care unit outcome measures. He has been published on topics related to safe patient handling, use of outcome measures, and early mobilization.

Jennifer Binkley DPT, OCS, CSPHA, CEAS II received her Doctorate degree in Physical Therapy from the University of Delaware. She is a CEAS II certified ergonomic assessment specialist, a board certified orthopedic clinical specialist and holds an associate status in the Association of Safe Patient Handling. Jen worked in both the acute care and outpatient orthopedic settings prior to becoming an injury prevention educator. Jen has been in this role for over 2 years.



Robin Q. Pearce, DPT graduated from the University of Maryland, College Park with a Bachelor's of Science degree in Kinesiology. She then received her Doctorate in Physical Therapy from School of Medicine at the University of Maryland at Baltimore. She has worked at Christiana Care Health System for 8 years in acute care and has worked in home care for 2 years previously. Robin has assisted in the presentation and publication of safe patient handling literature and case reports.

Courtney Nice, DPT received her Doctorate in Physical Therapy from Thomas Jefferson University. Courtney has worked at Wilmington Hospital on the inpatient rehabilitation unit for 3 years and worked in an outpatient neuro clinic for 6 months previously. Courtney has assisted in presenting safe patient handling material and educating staff in incorporating the use of safe patient handling equipment into therapeutic interventions.

Christina M. White, PT, DPT graduated from University of Pittsburgh with a Bachelor's degree in Rehabilitation Science. Then, she graduated from University of Delaware to complete her Doctorate of Physical Therapy. She has worked at Wilmington Inpatient Rehabilitation Unit for 4 years, where she has utilized the lift equipment in patient treatments with a variety of diagnoses.

Registration Information

You may register for this event in 1 of 2 ways:

- **Online:** Please visit our [EventBrite registration page](#) to register online.
- **Via mail:** Please make checks payable the Delaware Physical Therapy Association and mail with a copy of the **registration form** to DPTA 1055 North Fairfax Street, Suite 205, Alexandria, VA 22314.

To protect your privacy, we CANNOT accept credit card information via fax or email.

Members: FREE: After registering for the course, if you find that you cannot attend, please contact DPTA's Executive office at delaware@apta.org or 703/706-3159 ASAP, so that we may offer your space to someone else.

Non-members: \$15 - Registration will be waived if you join APTA and the Delaware chapter. APTA members receive numerous tangible benefits, from financial discounts on courses and conferences to informational resources. But the [value of APTA membership](#) transcends individual benefits. There's value in the things APTA and the DPTA does on behalf of the entire profession—from representing the profession on Capitol Hill and at the state level to national branding and public relations efforts. There's value in the ways that an association brings individuals together—at the national, state, and special interest level. There's value in resources and analysis provided by APTA. The list goes on.

Benefits of Belonging

DPTA Benefits:

- Eligibility for **FREE** CEU's for attending our quarterly educational meetings.
- Discounted registration fees to our sponsored courses including the Summer Lecture Series.
- Discounted registration fees to our sponsored networking events.
- Access to relevant continuing education opportunities which can be found the [DPTA website](#).
- Access to the [DPTA newsletter](#) published 3 times per year, which you may also contribute to.
- Regular notifications of legislative happenings.
- Social events, including the [Annual Golf Outing](#).
- Access to [EDUCATA](#)'s courses and lectures which approved for continuing education credit in the state of Delaware.



APTA Benefits:

- APTA advocates for you in Washington, DC, and state capitals nationwide.
- APTA speaks out for proper payment for high-quality patient care.
- APTA promotes the benefits of physical therapy.
- APTA gives you the [public relations and marketing](#) tools you need to share the benefits of physical therapy with consumers and other health care professionals.
- APTA connects you with colleagues for networking and collaboration:
- APTA saves you money. Exclusive 40% discounts on [national conference](#) registrations, [publications](#), and [continuing education opportunities](#).
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