

Thrust Joint Manipulation Skill Development For the Cervical and Thoracic Spine

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FRIDAY NOVEMBER 13 – SUNDAY NOVEMBER 15 2015

540 SOUTH COLLEGE AVE

SUITE 160

UNIVERSITY OF DELAWARE

NEWARK, DE

HANDS ON
COURSE

PERFECT
AND LEARN
NEW SKILLS!



**Delaware
Physical Therapy Clinic**

Course Information

COURSE OBJECTIVE

This course is designed to maximize physical therapists' ability to successfully modify manipulation techniques to produce the best results. These techniques will focus on operator stance, posture, and handling; patient positioning; and modifying factors. This course will be primarily dedicated to hands-on lab practice. Guided discussions will provide for rationale, indications, and contraindications of manipulation and risks.

Areas to be covered include:

- Upper Cervical
- Mid Cervical
- CT junction
- Thoracic Spine and ribs
- TL junction

COURSE GOALS

- Recognize the current best evidence for the implementation of thrust joint spinal manipulation in clinical practice
- Have a working knowledge of the safety issues, precautions, and contraindication to thrust joint manipulation and be able to apply them in the course
- Safely, effectively, and skillfully apply the tests and techniques taught in the course
- Have a working knowledge in the choice of manipulative procedures in the evidence-based multi-modal approach to spinal pain

COURSE OVERVIEW

This course will help you perfect and develop hands on skills for the cervical/thoracic spine and rib cage including assessment, risk analysis and thrust techniques.

COURSE INSTRUCTOR BIO

Dr. Bill O'Grady is a nationally recognized content expert in the management of pelvic and spinal disorders, with numerous publications in this area. He has served as chair for the Orthopedic Specialty Counsel, chair of the Board of Examiners for the American Academy of Orthopedic Manual Physical Therapists (AAOMPT), and a member/lead examiner for the North American Institute of Orthopedic Manual Therapy (NAIOMT). Dr. O'Grady is the recipient of the Washington State Clinical Excellence Award, the Mennell Service Award (AAOMPT), and the coveted Lucy Blair Service Award. Dr. O'Grady has 43 years of experience as a clinician, and continues to lecture and teach high velocity low amplitude manual therapy techniques nation-wide.

LOCATION

UD Physical Therapy Clinic
540 S. College Ave
Newark DE, 19713

CANCELLATION and REFUND POLICY

The University of Delaware reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of a cancellation or postponement, The University of Delaware will refund any registration fees, but is not responsible for any related costs, charges, or expenses to participants, including cancellation charges assessed by airlines/travel agencies.

Program – November 13th, 14th, 15th

Day 1: Friday November 13: 6:30-8:30pm

- Introduction to thrust manipulation
- Principals of safe, effective, and skillful handling
- Manipulation Skill Building Drills
- Lab: Thoracic Technique Supine

Day 2: Saturday November 14: 8am-5pm (Lunch on your own)

- Skills Review/Q&A
- Lab: Mid Cervical techniques part I
- Lab: Thoraco-lumbar junction techniques
- Lab: Middle and lower ribs
- Lab: CT Junction
- Lab: Upper C spine and OA joints
- Lab: Rib Techniques part II
- Lab: Mid Cervical Techniques part II

Day 3: Sunday, November 15: 8am-1pm

- Skills Review/Q&A
- Lab: Prone Thoracic Techniques
- Lab: Upper C Spine AA joint Techniques
- Lab: Upper Rib Techniques
- Lab: Seated Thoracic Techniques
- Final Review/Q&A

Total Contact Hours = 15 hours

DISCLAIMER

Each session will involve area specific interactive risk analysis, mandatory questions and tests, skills demonstration and practice, and technique refinements. Technique refinement will include: patient handling, touch, efficient PT body mechanics, direction, amplitude, force modification, speed, proper use of levers, components for better focusing of technique, pre and post technique essentials. By attending you understand you will practice/perform skills on other course participants and give permission to have skills practiced on you.

Registration

Thrust Joint Manipulation Skill Development for the Cervical and Thoracic Spine

Friday, November 13- Sunday, November 15th

Registration Deadline: November 1, 2015 (Class size is limited (60 people) so register early. The course closes when full but a waiting list will be available)

Name: _____

Title/Degree (Open to PTs Only): _____

Clinic/Institute/Company: _____

Home Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Fax: _____

Email: _____

Course Registration Fee: \$450

Registration will not be processed unless accompanied by full payment.

Faxed registrations will only be accepted for credit card payments.

Full reimbursement for cancelation before Oct 15th

Cancelation after Oct 15th and before Nov 1st: \$300 reimbursement

Cancelation after Nov 1st will forfeit course fee, however replacement PT will be permitted.

I understand the cancelation refund policy and understand this course will contain hands on skill practice that I will perform and will be a subject for my colleagues. sign x _____

Method of Payment

_____ Personal Check _____ Institutional Check

(Please make check payable to The University of Delaware Physical Therapy Clinic)

_____ MasterCard _____ American Express _____ VISA _____ Discover

Credit Card #: _____

Expiration Date: _____

Mail/fax the completed registration form and payment to:

Anthony Carroll
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Fax: 302-831-4468